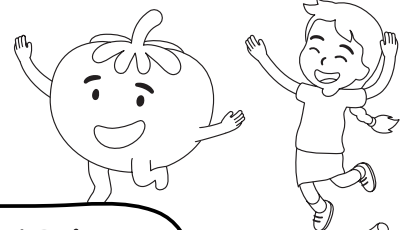
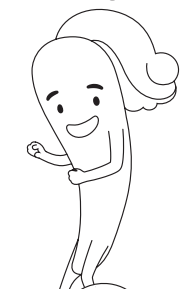
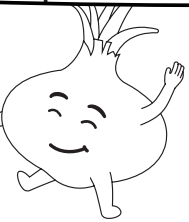
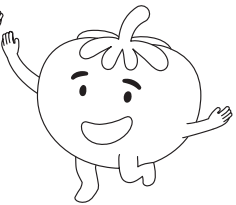
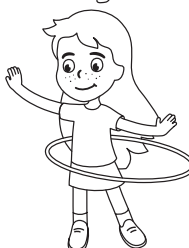
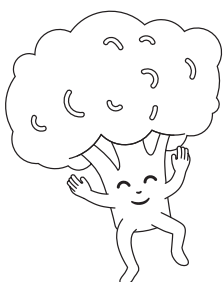


CRUNCH & MOVE



INSERT
DATE
HERE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
☐  	☐  	☐  	☐  	☐  
☐  	☐  	☐  	☐  	☐  
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